



Plan All Cause Readmissions Tip Sheet

What is the CMS Star Rating Program?

CMS uses a five-star quality rating system to measure the experiences Medicare beneficiaries have with their health plan and health care system – the Star Rating Program. Health plans are rated on a scale of 1 to 5 stars, with 5 being the highest. These ratings are then published on the Medicare Plan Finder at www.medicare.gov to raise the quality of care for Medicare beneficiaries, strengthen beneficiary protections and help consumers compare health plans more easily.

Measure Description

Weight: 3

Percent of plan members aged 18 and older discharged from a hospital stay who were readmitted to a hospital within 30 days, either for the same condition as their recent hospital stay or for a different reason.

Patients may have been readmitted back to the same hospital or to a different one.

Measure Source

- Claims.

Note: *Supplemental data may not be used for this measure, except for required exclusions.*

Stars/Quality Specifications

The percentage of acute inpatient stays during the measurement year that were followed by an unplanned acute readmission for any diagnosis within 30 days, for members 18 years of age and older.

Strategies for Success

- **Provide education and resources** to the member and/or caregiver in an appropriate format that promotes understanding prior to discharge.
- **Refer members to Care Coordination** to aid in education, wellness goals, and repeat visit prevention.
- **Refer members to utilize supplemental benefits** in association with their primary diagnosis:
 - **Meals Benefit:** Eligible for active MA members that have CHF, DM, or 2 or more chronic conditions (CHF, DM, COPD, Asthma, and Vascular Disease).
 - **CHF One-Time Care Kit:** Eligible for active MA members with CHF diagnosis and actively in a Care Coordination and Health Coaching program.
 - **Wellness Rewards:** Eligible for active MA members with chronic conditions.
 - **Virta Nutritional Program:** Eligible for members with diabetes diagnosis.
 - **Remote Patient Monitoring:** Example target groups of COPD and asthma, Blood Pressure, Blood Sugar, Heart Health, and Post-Discharge Care.
- Encourage patients to utilize Hally videos/articles that outline how to manage their health as well as give access to healthy recipes, fitness videos, and more: [Live Well - Hally Health](#)



Coding and Documentation Tips

Exclude the member if:

- The member is in hospice or using hospice services any time during the measurement year.
- The member died during the stay.
- Members with a principal diagnosis of pregnancy on the discharge claim.
- A principal diagnosis of a condition originating in the perinatal period on the discharge claim.

Exclude acute hospitalizations with any of the following criteria on the discharge claim:

A planned hospital stay using any of the following:

- A principal diagnosis of maintenance chemotherapy.
- A principal diagnosis of rehabilitation.
- An organ transplant.
- A potentially planned procedure without a principal acute diagnosis.

If you have questions, please contact your provider relations specialist.