

Helping You Be Your Best

Our medical management and wellness services help you and your family live your healthiest lives. We surround you with a team of healthcare professionals focused on your needs. They're there for you through every step of your care.



These services and more are included in your coverage at no extra cost:

- **Health Coaching:** Get help with nutrition, weight loss, staying active and more.
- **Care Coordination:** Our team works with your doctor to help make sure you get the right care at the right time and have all the resources you need, whether you have a new or ongoing health problem.
- **Care Transition Intervention:** Work with our team to safely transition from hospital to home.
- **Medication Management:** If you take multiple medications, this program can help you use them safely and effectively.

Visit hally.com for details, and be sure to download the MyChart mobile app to access your Hally® account information on the go – and for even more wellness resources. Call the number on the back of your health plan ID card with any questions.

These services do not replace care from your doctors, nurses or other healthcare providers. They're included in your coverage at no extra cost to you. Using them doesn't affect your premium or coverage.

Here are just a few ways we help you get the most from your coverage:

- If you need prior authorization for a service, nurses and doctors who specialize in that area will review the request. This helps make sure you get the safest and most appropriate care.
- The majority of outpatient prior authorizations are completed within two days, which can help you get the care you need more quickly.
- We see the full picture of your health and connect you with the people or services you need – like specialists, social workers and community resources. We're always here for you and your family.

