



Get well. Stay well.

With Hally[®] health, you have tools – built into your plan – to help you live your healthiest life.

Send a secure message to our Customer Service team through your Hally account on the MyChart app or call the number on your health plan ID card.

Perks to Keep You Healthy*

- **Fitness and Pharmacy Discounts** – Save money on things you already do, like going to the gym and filling prescriptions.
- **Active&Fit Direct™** – Join one of 10,000+ fitness centers nationwide for just \$28 a month (plus a one-time \$28 enrollment fee and applicable taxes).
- **Nurse Advice Line** – Get 24/7 answers to your health questions.
- **Preventive Services** – Focus on prevention with coverage for a yearly wellness visit, routine screenings, flu shot and more.

- **Virta** – The virtual program which can help you reverse type 2 diabetes without the risks, costs or side effects of medications or surgery. Looking for a better way to conquer your type 2 diabetes and achieve real results within 10 weeks? With Virta Health, you got this!

***All perks aren't available on all plans or to the general public.*

***Participation in the program is not a guarantee that the member's diabetes will be reversed and that it requires active participation/adherence by the member.*

* Perks may differ by plan. For more information, see your plan materials or call the number on your health plan ID card.



Guidance Through Health Challenges

- **Quit For Life®** – Get personalized help to end your tobacco use.
- **Health Coaching** – Get help with nutrition, weight loss, staying active Diabetes education, managing high blood pressure and more.
- **Care Coordination** – Connect to a team of care coordinators who work with your doctor to make sure you have the resources you need to stay healthy or work through your medical issues.
- **Care Transition Intervention** – Work with our team to safely transition from hospital to home.

Online Resources

- **Treatment Cost Calculator** – Compare doctors and prices for various services, based on real data and your specific health plan usage.
- Access your coverage anytime, anywhere with your secure **Hally account on the MyChart app**.
- **Hally.com** – Manage your health plan and get the care you need anytime, anywhere. Plus, find blog articles, wellness podcasts, fitness videos, cooking demos, tasty recipes and more.

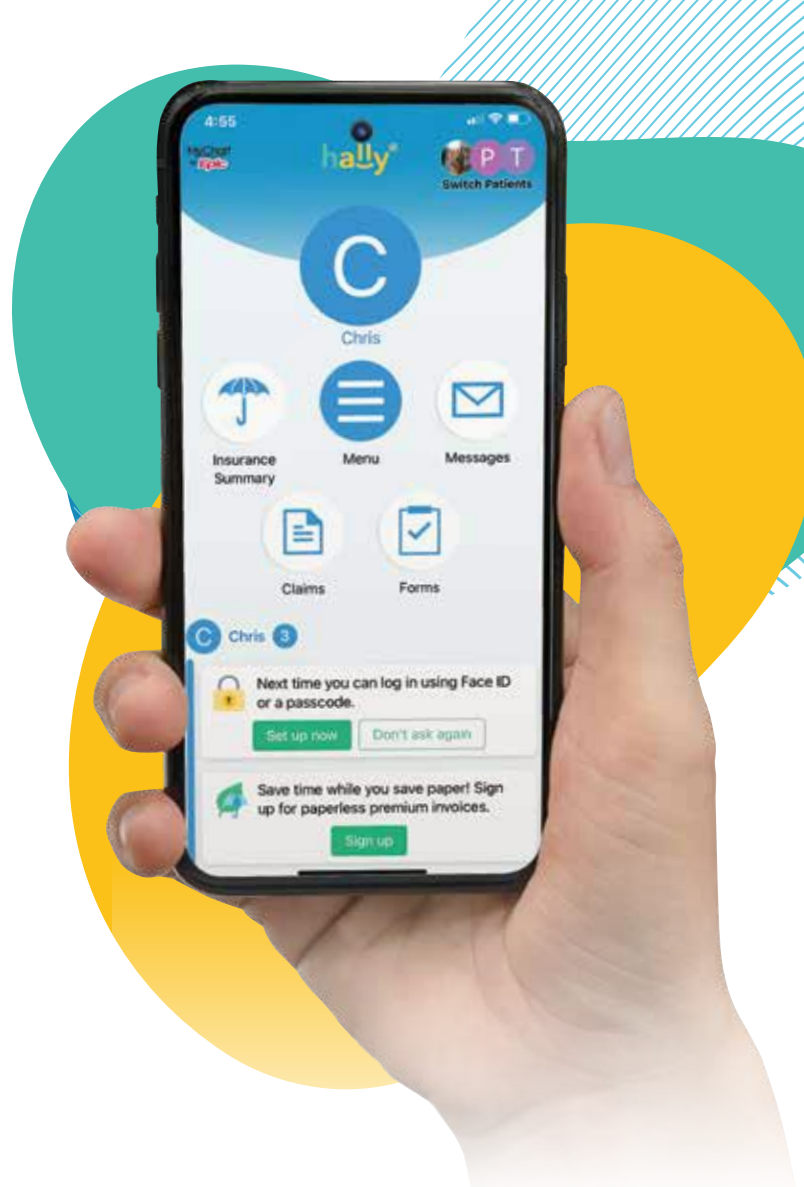
On both hally.com and your Hally account on the MyChart app, you can:

- See all your account activities in one place.
- Access your virtual ID card.
- Search for doctors and other resources.
- Quickly connect with a doctor over virtual visits.

**Hally health is here for you.
Together, we'll help you and
your family be your healthiest!**

Benefits for expenses incurred for services or treatment are subject to the plan terms in effect on the date services or treatment are received. Call the number on your health plan ID card to check your coverage.

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Get started today!

It's easy. To access your account information on the go, just head to hally.com and create your new Hally member account. Then download the MyChart mobile app by visiting the App Store® or Google Play®, or simply scan one of these QR codes.



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