

Stay connected and healthy with Remote Patient Monitoring.

How does Remote Patient Monitoring work?

- Hally® health, the health and wellness resource that's part of your health plan, uses the Remote Patient Monitoring program to help you stay healthy from the comfort of your home.
- This program is **free** with no additional costs to you.
- All you need is a phone to participate in Remote Patient Monitoring.
- You'll receive weekly text messages or phone calls asking about your condition-specific symptoms.
- Get immediate help from a Hally health care manager if you respond with worsening symptoms or health concerns.
- Remote Patient Monitoring messages or phone calls arrive at a time that you choose. It only takes a few minutes each week to respond to messages.
- **Be sure to respond at least once a week to stay active on Remote Patient Monitoring!**



Why should I enroll?

- It's a great way to stay connected with your Hally health care team between doctor appointments.
- Enrolling in the program will help you and your Hally health care team better manage your health.
- We can support you with the following:
 - Breathing quality (COPD and asthma).
 - Blood pressure.
 - Blood Sugars
 - Heart health.
 - Post-discharge care.

How do I enroll?

- In the coming weeks, you'll get a phone call or a text message to help you enroll in Remote Patient Monitoring.
- To enroll, simply answer our call or reply to the text message.
- OR call and enroll now: (855) 519-2190.

Messaging Available for Any Type of Phone



Example Blood Pressure Messages

