

Healthy Extras



Health Alliance Northwest™ plans are made to fit your needs. We have people, programs and services to help keep your employees healthy.

On-Site Services*

- Employee health screenings.
- Consultation for workplace wellness programs.

Some services may be delivered via webinar or teleconference.

Online Resources

- **Treatment Cost Calculator** – members can compare doctors and prices for various services, based on real data and their specific health plan usage.**
- While logged in to hally.com, members can:
 - Sign up for text alerts.
 - Go paperless by opting in for secure e-Delivery of their plan materials.
 - Know where to go for care depending on their symptoms.
 - Pay their monthly premium using Premium Bill Pay and set up recurring payments.
 - Compare costs with our Treatment Cost Calculator.**
 - View past and current claims, authorizations and Explanations of Benefits.
 - Find doctors, facilities and pharmacies covered by their plan.
 - Check their spending.

**Not available for our Medicare members.

Health Management Help

- Disease management programs.
- Quit For Life® smoking cessation program.
- Care coordination for chronic or complex conditions.
- Free over-the-phone support to help members with lifestyle changes.
- Employee wellness group report.*

Even More Extras

- **Nurse Advice Line** – members can get 24/7 answers to their health questions.
- **Assist America®** – members can get expert medical help when they're 100 miles or more from home.
- **Fitness Allowance Program*** – members can get up to \$20 per month toward the cost of a fitness class or membership at a participating fitness center.
- **Active&Fit Direct™** – members can join one of 10,000+ fitness centers nationwide for just \$28 a month (plus a one-time \$28 enrollment fee and applicable taxes). For more info, go to HealthAlliance.org/Active-Fit-Direct.

**Some programs or services may cost extra, and eligibility restrictions based on group size or geographic location may apply. Contact your client consultant with any questions.*